

Principle of gas polarisation for MRI:

- ultra-pure ^3He gas is flown through OP cell (acquires nuclear polarisation M_{OP})
- polarised gas is extracted from OP cell and accumulated at increasing pressure $P_{\text{acc}} \propto t$
ideally (i.e. with no relaxation losses) : $M_{\text{acc}} = M_{\text{OP}}$
- when required ^3He **dose** is obtained, it is:
 - 1- mixed with neutral gas if desired (e.g. 0.5 litre N_2)
 - 2- extracted into the bag (reversing compressor rotation)
 - 3- delivered to be inhaled from the bag

